TOPICAL ANAESTHETIC SKIN REFRIGERANTS

Ideal Pain Management Solution using the Spray and Stretch Technique

GEBAUER’S Spray and STRETCH

Using the Spray and Stretch Technique, manage:
- Trigger Points
- Myofascial Pain Syndrome
- Muscle Spasm
- Restricted Motion
- Minor Sports Injuries

The fine stream spray is a practical means of covering many muscles in one region of the body allowing significant progress toward pain relief.

Immediate onset allows clinicians to get faster results with less strain and damage to their hands during manipulation.

Professions include:
- Physiotherapists
- Osteopaths
- Chiropractors
- Medical Doctors
- Massage Therapists
- Myofascial Trigger Point Therapists

The Spray and Stretch Technique is a learned modality. Learn to effectively manage your patients’ pain.

Diagnostic Evaluation:
Initial diagnosis of muscle tension and restricted motion caused by an active trigger point.

Spray and Stretch:
Direct the spray in parallel sweeps one inch apart toward the evaluated muscle group at the rate of approximately four inches per second.

Passively stretch the muscle during spray application while gradually increasing the force applied with successive sweeps.

Post Evaluation:
Test the muscle for increased range of motion through stretching and ask the patient about a reduction in pain.

Learn more about the spray and stretch technique on the www.LearnSprayAndStretch.org website.

CONTACT US NOW
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Bodylinez is the official Australian distributor of the Gebauer Company products.
Immediate and effective PRE-INJECTION PAIN CONTROL. Significantly REDUCES ANXIETY & DISCOMFORT in patients prior to cannulations, IV starts and incisions.

Controls pain associated with Injections, IV Starts, minor surgical procedures, and also manages myofascial pain, trigger points, restricted motion and muscle spasm.

Effectively manages myofascial pain and trigger point release. Provides fast and effective treatment for muscle spasm.

There is an effective pain management solution for every... body

www.bodylinez.com.au